



*A Healthy World through Health Tech solutions*

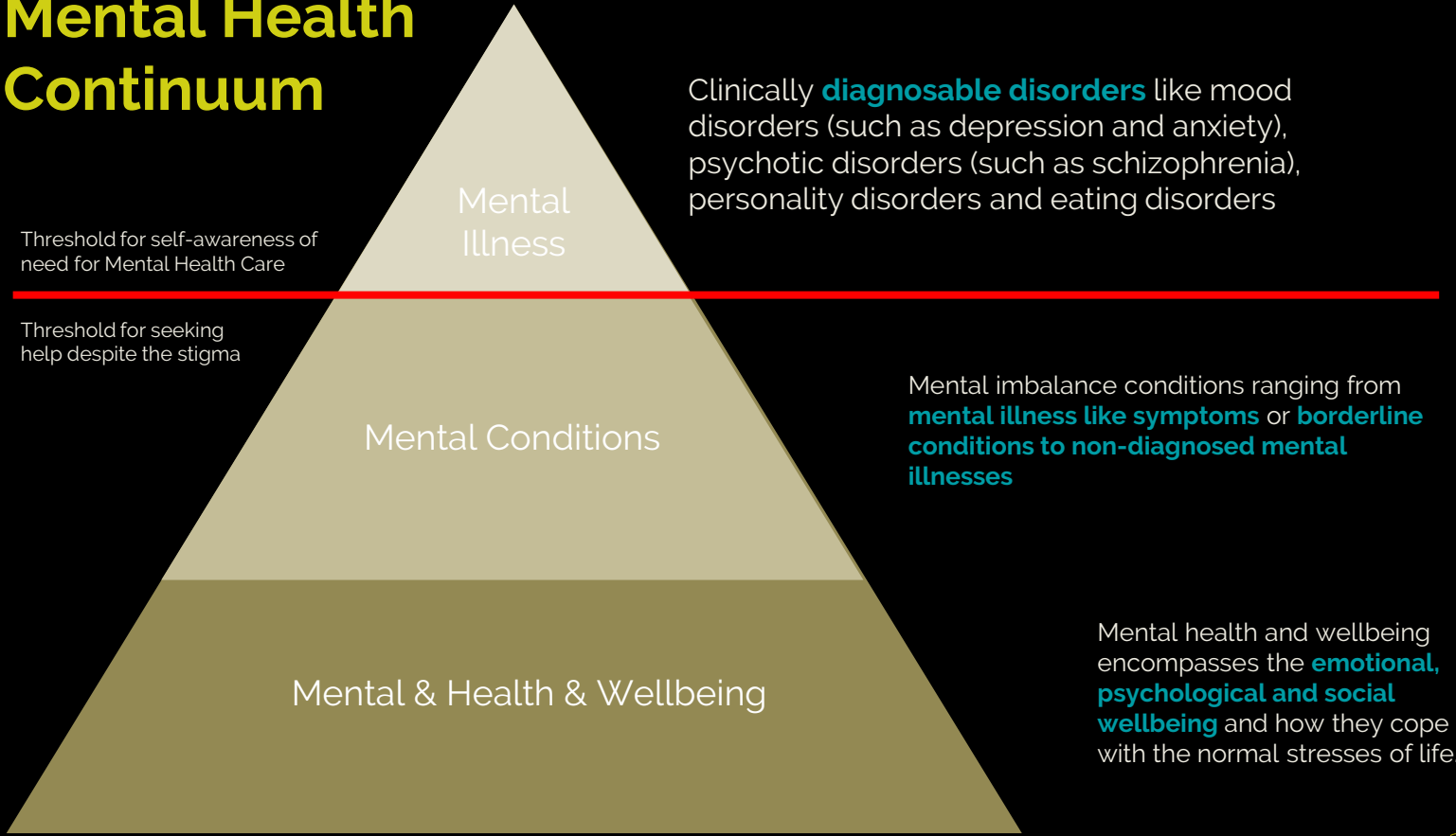


SUMONDO

Helping people **Manage**  
their mental issues by  
controlling **Stress** so that  
they can live **Happier** and  
**Healthier** lives



# Mental Health Continuum



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## *De psykiske sygdommes tabu*

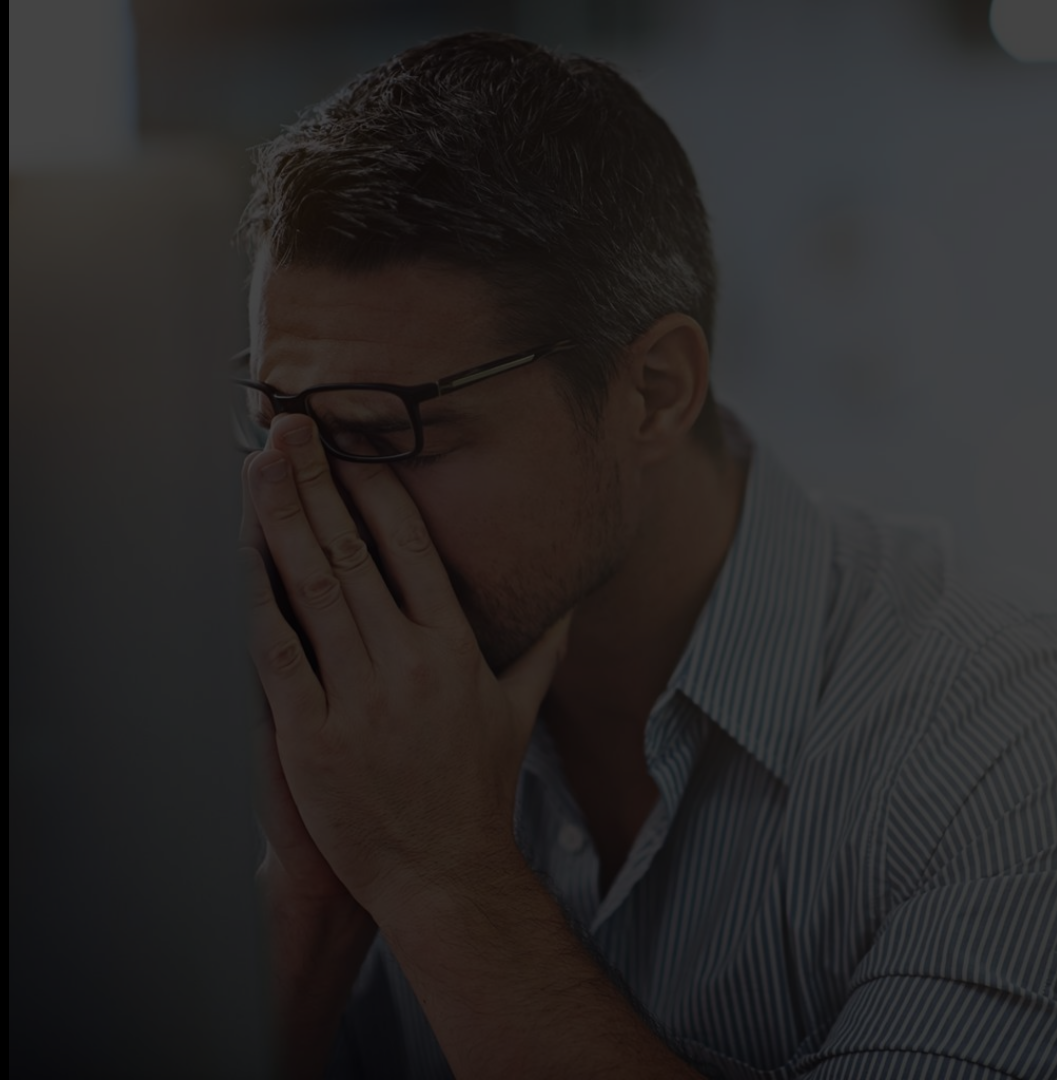
78% er bekymrede over, at de ikke får tilbudt udviklingsmuligheder

69% er bekymrede for, at de vil blive behandlet uretfærdigt på arbejdspladsen

85% mente, at ledere ikke betragter behov for fritid på grund af stress eller angst som gyldige undskyldninger.

78% af medarbejderne var bekymrede for, at de ville miste deres job, hvis de afslører et mentalt problem.

Ref.  
NHIS Digital  
Mental Health at Work 2018 Summary Report – Seizing the Momentum  
AWARENESS INTO ACTION A HOLISTIC APPROACH TO CULTIVATING MENTALLY HEALTHY WORKPLACES IN AUSTRALIA. A REPORT FROM ALLIANZ AUSTRALIA



# Mental Health Continuum

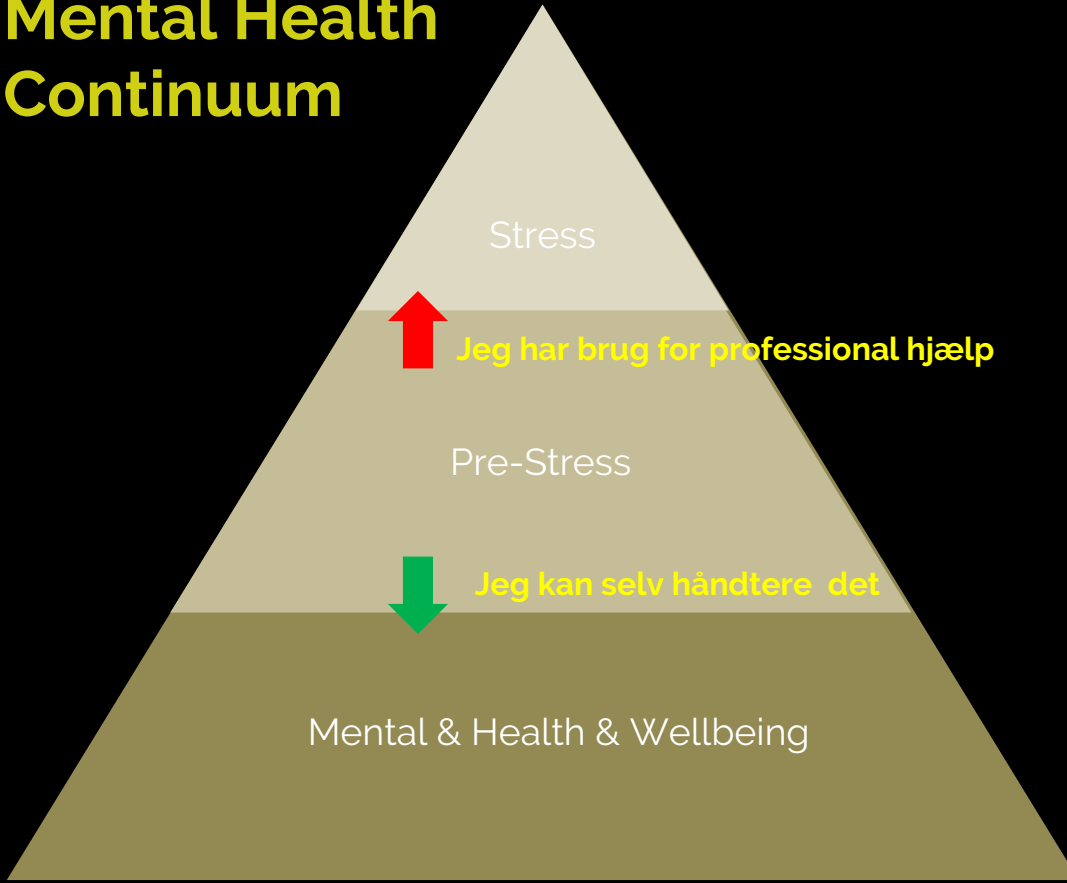


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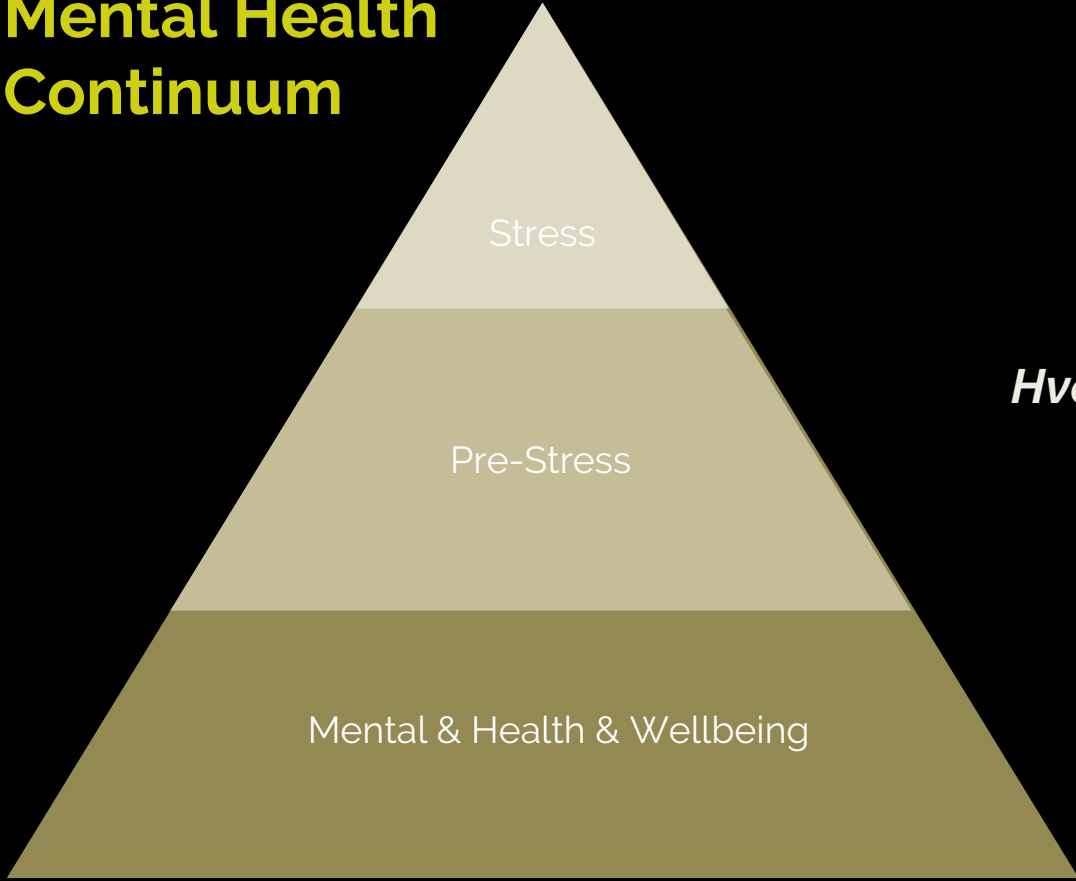


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# Mental Health Continuum

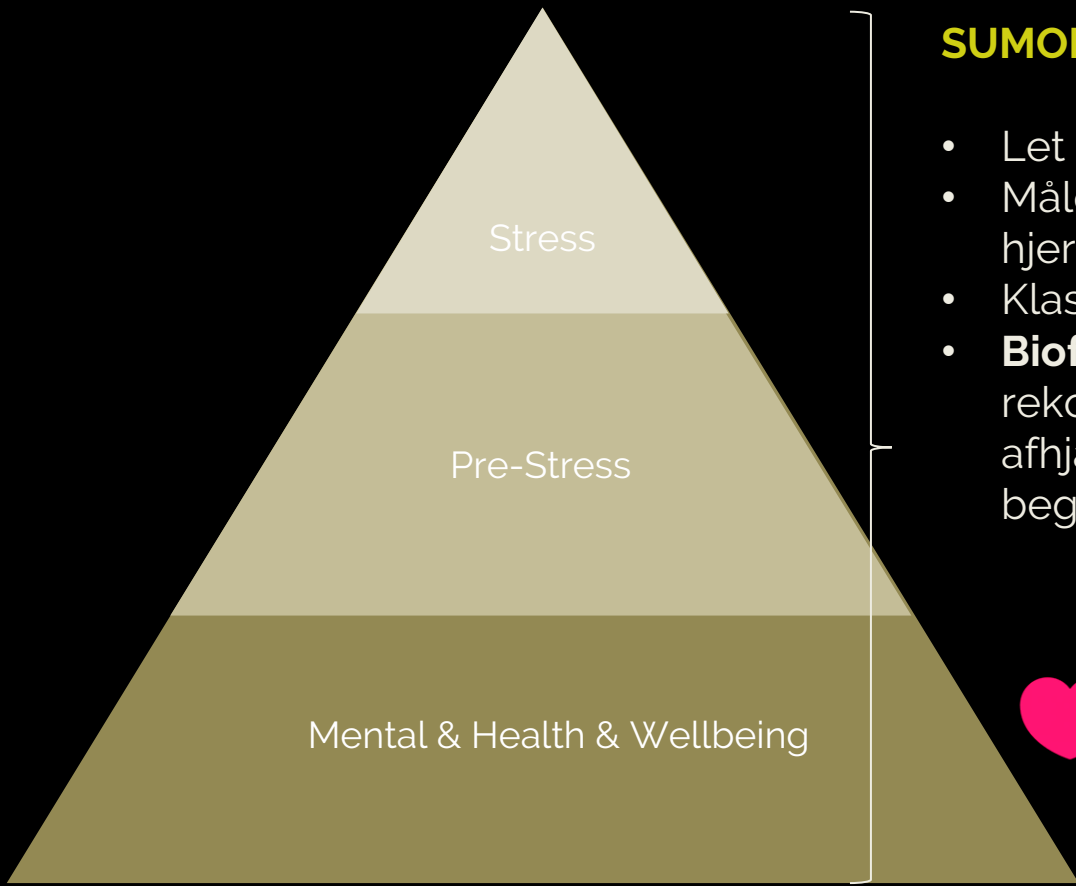


*Hvor ligger du?*

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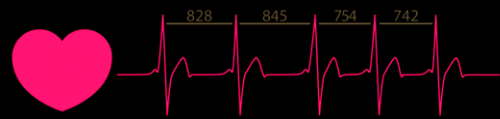
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## SUMONDO APP er

- Let at bruge. (wearable)
- Måler **objektivt** stress på hjertefrekvensvariabilitet.
- Klasse 1a-certifikat
- **Biofeedback** med personlige rekommandationer for at afhjælpe stress eller begyndende stress.



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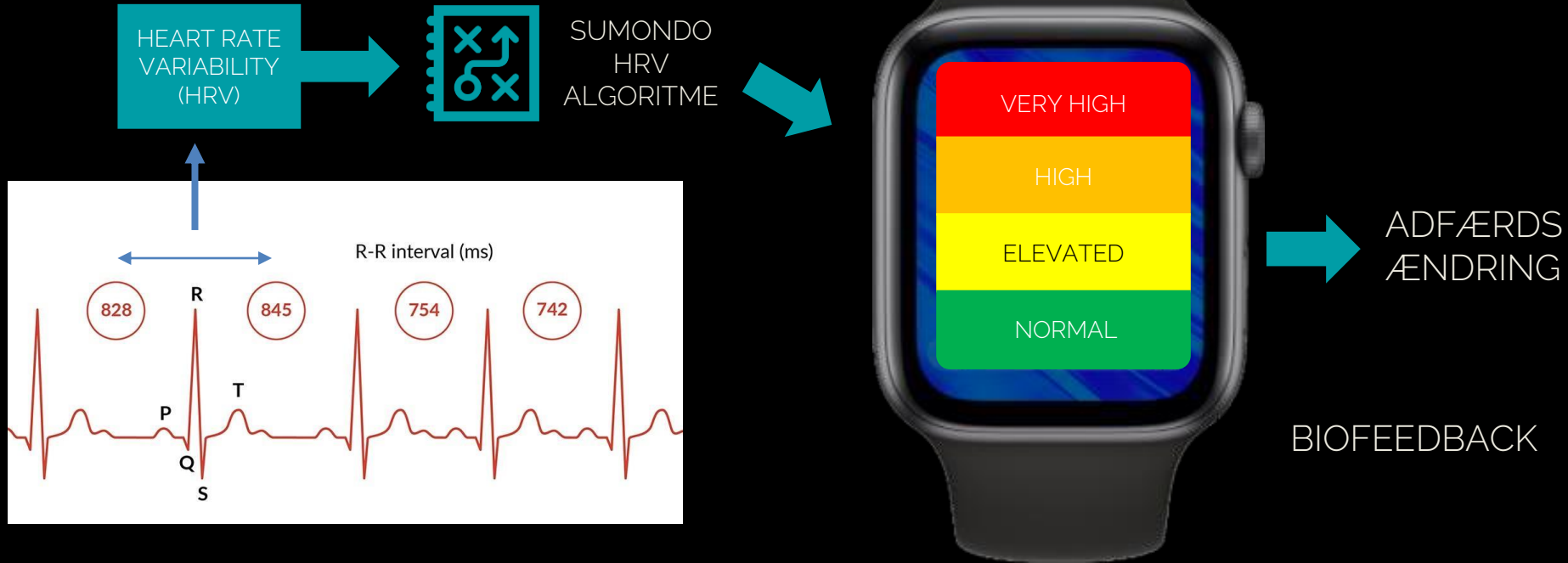
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# SUMONDO

En ny æra inden for stresshåndtering



# SUMONDO Modellen

## Sundhedsforsikring

For det bedste arbejdsmiljø

Dashboard som viser den samlede eller dele af arbejdstyrkens stressniveau og stress trends.



## Few of our customers

### Sumondo devices were used for TV2

7. nov. 2019, 05:16



af **Camilla Carlson** Videoredigering: Kasper Søby Jensen

**Sammen med to eksperter har TV 2 undersøgt, hvad flere pædagoger betyder for børnene - herunder deres stressniveau.**

Over hele landet har tusindvis af forældre det seneste år demonstreret for at få minimumsnormeringer i danske daginstitutioner.

Men hvad sker der egentlig, hvis man øger antallet af pædagoger?

### First paid customers



Mental health project



For their leaders in Netherland




Insurance company  
Prevention of customers' stress

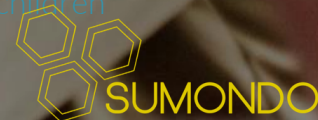
Insurance company  
Prevention of stress at multiple workplaces



University  
Measuring stress on nurses



Danish National Television  
Program on measuring stress on small children



# *Denmark's leading stress expert*



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I think this product could be used for prevention and tracking of stress for the people and kids alike to avoid chronic stress problem at companies, schools and other places.

8.3.2019 Bo Netterstrøm



# THANK YOU

SUPPORTED BY -



HEALTH  
TECH NORDIC.



HEALTH2B  
CONNECTED HEALTH ACCELERATOR



Nominated for Best IoT  
startup category in 2016



Nominated for Best health  
startup category in 2017



Awarded top 10 Employees wellness  
companies in Europe - 2019